

# Sleeping Aid

## Abstract

A hat with hook and loop type fastener that attaches to a second piece of hook and loop type fastener that is situated on the flat back area of a car seat, child carrier device, wheel chair or any other restraint device used to transport infants, larger children or physically challenged individuals. The present invention provides the user with support so that their heads do not slump when they fall asleep in car seats, child carrier devices, or wheel chairs. Using the present device will prevent discomfort, muscle strain, or other physical symptoms caused by the inability to control neck muscles. The present invention also provides support as a safety device when the child is sleeping, because it will hold the user's head in place. The present invention can also be used for adults as well as infants, children, elderly and physically challenged individuals. The present invention can be used on any automobile car seat or wheel chair, it is easily transported, lightweight, washable and convenient to use.